

Meeting of Shirley Council on Aging

February 10th, 2022

Present Janice Snow, David Stoppelman, Marie Elwyn, Helen Kramer, Mary Wade, Christine Andersen, Senior Center Director Marilyn Largey
Absent ./.
Public . / .

The meeting was called to order by Marie Elwyn, Chair, at 11:00. The existence of a quorum was established.

Secretary's Report

Motion to approve the minutes of December 2021 with slight corrections was approved.

Director's Report

Marilyn Largey presented the financials for January and answered specific questions. Internet/cable/telephone costs were discussed.

Several applications and resumes for the position of social worker have been received.

Mary Wade was voted in as Vice-Chair, as Sue Hartmann had resigned from the board.

Planned Activities

Addition 101 Opioid Coalition is on: there will be a class/informational gathering for the general public, to be given by Lieutenant Alfreda Cromwell from the local police.

In preparation is the introduction of a digital program, *MyactiveSeniorCenter*, to allow online booking and/or electronic payment for events or for making donations.

There is an offer for holding *Yoga instruction* here at the senior center by a local resident who is a Reiki master. The cost would be 40 \$ an hour, but it can be on Friday only (when the center is closed.)

Health festival is in preparation, to be held for one day, inside/outside, here at the senior center. Planned participants to be health care workers, insurance providers, providers of health course. Envisioned date is 20/21 May.

Any other business

The Annual Report to the Town has been drafted and sent to Board members for comment.

The motion to adjourn the meeting was seconded, motion approved, the meeting was adjourned at 11.55.

The next Council meeting will be March 10th, 11:00, at the Senior Center on 9 Parker Road.

Respectfully submitted,
Christine Andersen,
Secretary